



# MIRROR MANTRA

**God made this body, this hair, this skin, and  
He gave them to me. Thank you, God!**

**Because sin is at work inside and outside this  
body, God came to live in a body, like me.**

**Because God loves me, God gave His body for  
me. Thank you, God!**

**Because God loves me, I will use my body to  
bring Him glory. He will help me.**

**Because God loves me, I will love this body  
He gave me. He will help me.**

**Thank you, God!**